Bismillah Ar-Rahman Ar-Raheem

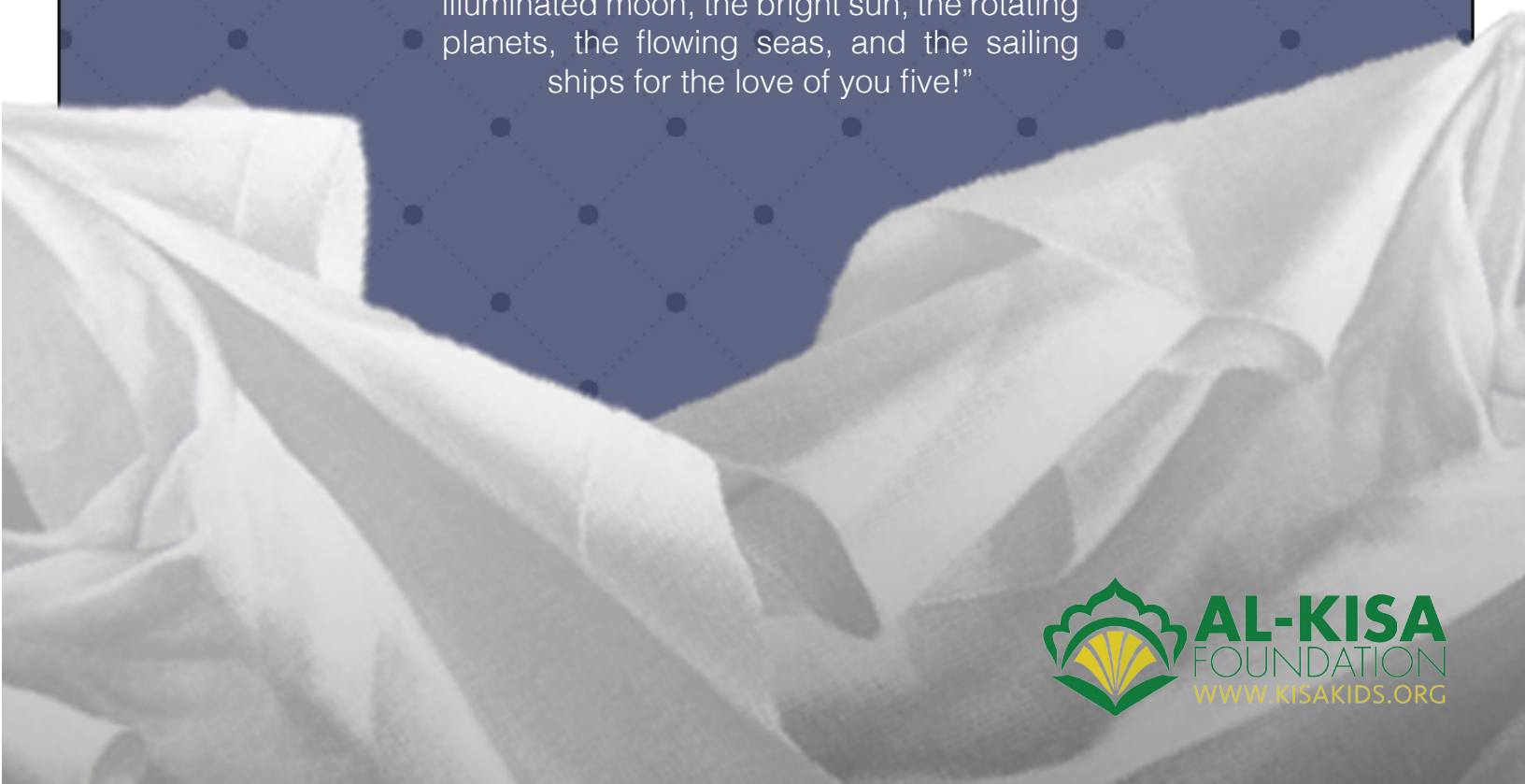
Ayyaam Fatimiyya

THE DAYS OF FATIMAH (A)

Project Booklet

Under the guidance of Moulana Nabi Raza Abidi

Jabbir ibn Ansari narrates the following from Fatimah Zahra (A):
Then the Lord, Almighty Allah said,
"By My Honor and Glory, surely, I have only created the great Sky, the vast earth, the illuminated moon, the bright sun, the rotating planets, the flowing seas, and the sailing ships for the love of you five!"



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My Quran Calendar

Objective: Children will learn about the importance of reading Quran and how it can help them make good choices.

Suggested Ages: 5+

Time: 40 minutes

Materials:

- Calendar template
- Crayons/colored pencils
- Pencils
- 1.5” Construction paper squares (30 per child)
- Markers
- Tape

Procedure:

1. **SAY:** Salaam alaykum, everyone! Who can remind me why we are here today?
2. **SAY:** Yes, we are here to remember Sayyidah Fatimah (A). We are remembering the days when Sayyidah Fatimah (A) left this world. Who can tell me what we do when someone passes away? (Wait for responses)
3. **SAY:** Good answers! One thing we do for our *marhoomeen*, loved ones who have passed away, is recite Quran for them. This way, they get the rewards from Allah. Before she passed away, Sayyidah Fatimah (A) asked Imam Ali (A) to read a lot of Quran at her grave. Sayyidah Fatimah (A) had a strong connection to Allah and to the Quran. She loved reading the Quran and knew it made Allah happy, so she really wanted to hear the beautiful words of the Quran even after her death. What does this tell us about the Quran? (Wait for answers.)
4. **SAY:** Yes, exactly! We see that it is important for us to have a good connection to the Quran. If someone reads a lot of Quran, then insha’Allah, the Quran will help them make good choices in this world! Raise your hand if you want to start reading a lot of Quran!
5. **SAY:** Great! To help us build a strong connection with the Quran, we are going to make Quran calendars. These will help us to read a little bit of Quran everyday. If you don’t know how to read Quran yet, you can always ask someone to read it to you and learn the meanings of each surah.
6. At this point, pass out a calendar template to each child.
7. Ask students to color the title (My Quran Calendar). Also, inside each box, ask them to write the name of a surah they know or have heard of. You can also write a list of surahs on the board for them to copy and become familiar with new surahs.
8. Give each student 30 construction paper squares, and ask them to number them 1 to 30.
9. Ask them to tape one square on each of the squares with the surahs in order from 1-30.
10. Students can decorate their calendars further as they wish.
11. **SAY:** Now that you have your calendar, each day, you can remove a number, and recite the surah that is underneath. Also, practice reading the English translation!

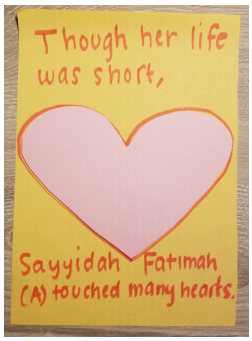
My Quran Calendar

Name: _____

Al-Mubaraka: The Blessed Lady

Objective: Students will learn about one of the titles of Sayyidah Fatimah (A): Mubaraka.
Suggested Ages: 5+

Time: 40 minutes



Materials:

- Watercolor paper
- White acrylic paint
- Food color
- Paint brushes
- Construction paper
- Markers

Procedure:

1. **SAY:** Can anyone remind me why we are here today? (Wait for responses.)
2. **SAY:** Yes, we are here to remember Sayyidah Fatimah (A). Does anyone know how old Sayyidah Fatimah (A) was when she left this world? (Wait for answers.)
3. **SAY:** As many of you may know, Sayyidah Fatimah (A) died very young. According to some ahadith, she was only 18 years old when she became shaheedah! Does anyone know what it means to be shaheed? (Wait for responses.)
4. **SAY:** A shaheed is someone who dies while defending Islam. Sayyidah Fatimah (A) spent her life defending Islam. Even though she did not fight in war, she did everything she could to guide people towards the truth. She didn't live for very many years, but in her short life, she did a lot for Islam — more than some people who live for 80 or 90 years do! This is why one of her titles is Mubaraka. Mubaraka technically means "blessed," but the deeper meaning is "something that has a huge effect even if it is small."
5. **ASK:** Based on what we know about Sayyidah Fatimah's (A) life, why do you think she is called Mubaraka? (Wait for responses.)
6. **SAY:** Yes! Even though Sayyidah Fatimah (A) had a very short life, her actions and good choices have remained for a long time and will last forever, inshaAllah. Let's do an activity to help us better understand this.
7. At this time, pass out a sheet of watercolor paper and heart template to each student.
8. Have them draw and cut out a heart on their watercolor paper.
9. Then, they should cover the heart in white paint.
10. Next, students can select a color of food dye, quickly add a drop to the heart, and swirl it into the white paint so that it changes the tint of the heart. They will see that even though we only added a drop of color, it changed the entire color of the heart! Similarly, Sayyidah Fatimah (A) only lived for a short period of time, but she spread her goodness and blessings very far!
11. After allowing the paint to dry, students should glue their heart onto a sheet of construction paper.
12. Write on the paper: "Though her life was short, Sayyidah Fatimah (A) has touched my heart".

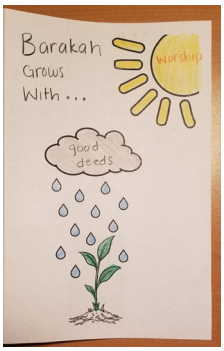
Barakah Cards

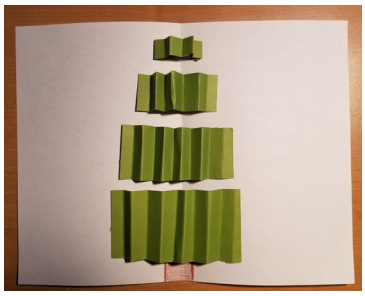
Objective: Students will learn about the importance of *ibaadah* and doing good deeds.
Suggested Ages: 5+

Time: 50 minutes

Materials:

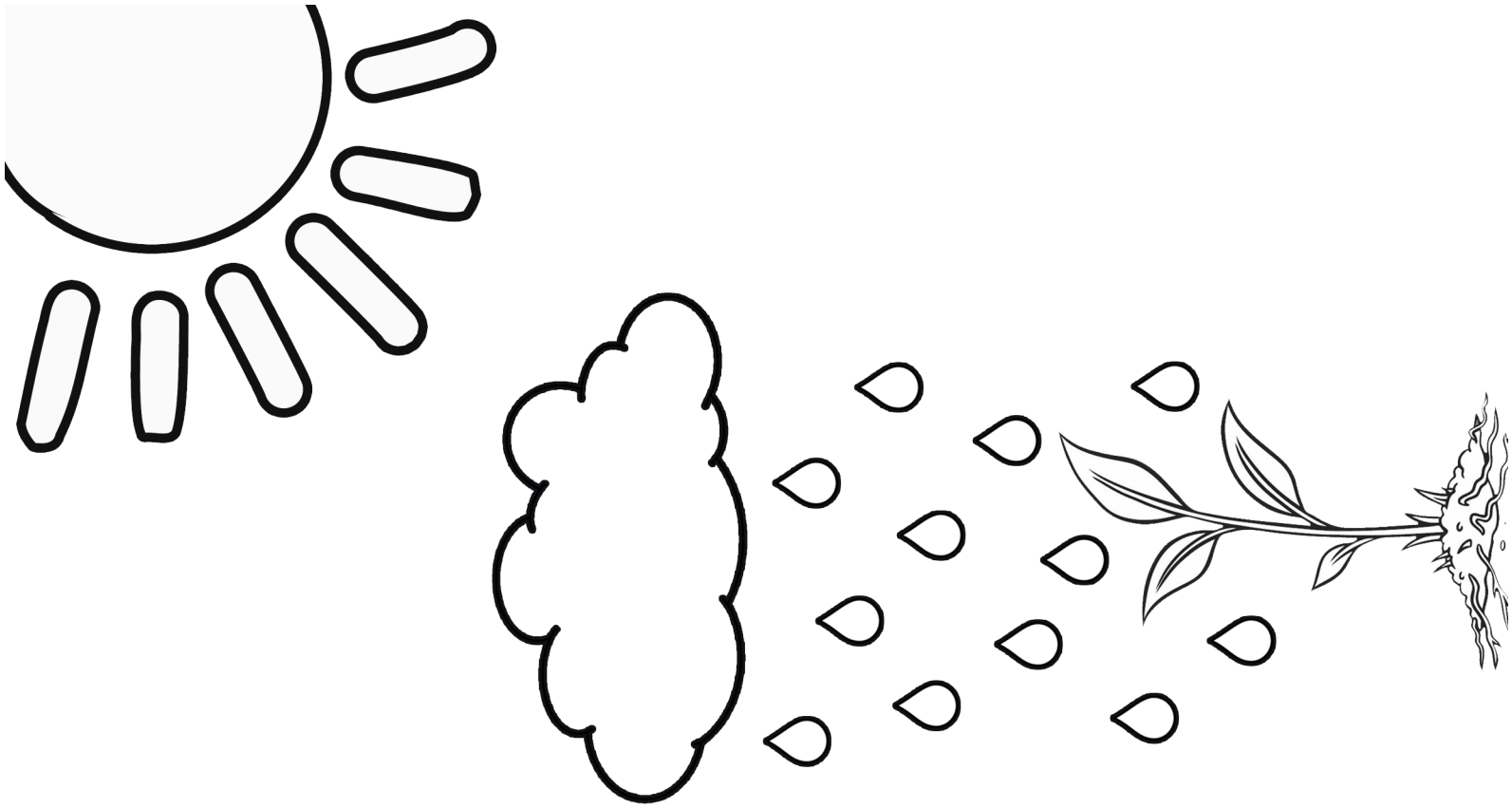
- Folded card stock
- Construction paper
- Marker
- Scissors
- Sapling, sun, and cloud template
- Glitter (optional)





Procedure:

1. Prior to the lesson, watch the following video and familiarize yourself with how to make the pop-up card: https://www.youtube.com/watch?v=7roL2spd1uA
2. **SAY:** Salaam alaikum! Can anyone remind me why we are here today? (Wait for responses.)
3. **SAY:** Yes! We are here to remember Sayyidah Fatimah (A), since these are the days of her shahadah. One of the best ways we can remember her is by learning about and taking loessons from her life and following in her example. We have a hadith from Sayyidah Fatimah (A) that say, "If someone does ibaadah and good deeds sincerely, Allah will give *barakah* in their actions and it will turn out well for them."
4. **SAY:** There are a lot of big words in that hadith! Was there a difficult word that you didn't understand in that hadith? (Write the words on the board as students mention them. They will probably be ibaadah, sincerely, and barakah.)
5. **SAY:** Great! Now let's look at each of these words. Does anyone know what ibaadah is? (Wait for answers.)
6. **SAY:** Good! Ibaadah means worship. Who can give me examples of ibaadah? (wait for answers.)
7. **SAY:** Great examples! Praying, fasting, and reading Quran are all examples of ibaadah. But did you know that *every* action you do can be ibaadah?! For example, I can brush my teeth and get thawaab for it because it is ibaadah! How? Well, if I make an intention that I am doing that action to make Allah happy, then it's counted as ibaadah! Isn't that cool?! Let's look at the second difficult word: sincerely. Does anyone know what sincerely means? (Wait for answers.)
8. **SAY:** Excellent answers! Sincerely means that I'm truly, in my heart, doing something for Allah. This means that I am praying salah not so that my parents stop telling me to pray, but because I want to make Allah happy! Or I am picking up trash not so that my teacher is happy, but because Allah is happy! The final word is barakah. Who can tell me what does the word "barakah" mean? (Wait for answers.)
9. **SAY:** Great guesses! Barakah means blessing. So when we say that Allah will give our actions barakah, it means that Allah will give us His special blessings, and our actions will have a good effect! So, let's look at the hadith again: "If someone does ibaadah and good deeds sincerely, Allah will give *barakah* in their actions and it will turn out well for them."
10. **ASK:** So when does Allah give us barakah? (Wait for responses.)
11. **SAY:** Yes! Allah gives us blessings when we do ibaadah and good deeds for His sake! Let's create a project that we can keep to remind us of this.
12. Pass out a piece of cardstock to each child. Ask them to fold it in half "hamburger style" to make a card.
13. Then, hand out a copy of the card template to each child. Ask them to fold it in half "hamburger style" to make a card. Then, have them color in the sapling, leaf, sun, and rain cloud. (Optional: children can add yellow glitter to the sun and blue glitter to the cloud and rain.)
14. Ask them to write on the cover: "Barakah grows with…"
15. In the sun, they should write "worship" and in the cloud "good deeds."
16. Finally, instruct them how to create the tree inside the card (see youtube video).



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